

Daily Schedule

This schedule is meant to give you an idea of your child's day. Actual times and activities may vary depending on time of the year, weather, age and temperament of the children. Age appropriate activities are scheduled with the flexibility allowed to respond to the needs of each individual child and their various ages.

Older Toddler/Preschooler (24 months and older)

7:30 - 8:30 drop-offs, welcome children, free-play and/or structured-play, trains, story-time, etc.

8:30 - 9:00 breakfast, clean-up/wash-up

9:00 - 9:30 circle-time (Mother Goose Time Preschool Curriculum)

9:30 - 10:00 arts and crafts, story-time, various learning games

10:00 - 10:30 music, song and dance, tumbling exercises

10:30 - 12:00 outside play-time

12:00 - 12:30 free-play and/or structured-play, interactive video (Little Einstein's, Blue's Clue's, etc.)

12:30 - 1:00 lunch time, clean-up/wash-up, brush teeth, and get on mats

1:00 - 3:00 rest-time and/or quiet-time

3:00 - 4:00 free-play and/or structured-play, puzzles, books, various learning toys, etc.

4:00 - 4:30 afternoon snack, clean-up/wash-up

4:30 - 5:30 pick-ups, outside play (depending on season), coloring, play-dough, toys, story-time, etc.

Infant/Young Toddler (younger than 24 months)

Throughout each day we practice on reaching, grasping, rolling, sitting, crawling, standing, walking, climbing, throwing, catching, kicking, cooing and talking; which ever developmental stage your child happens to be in at the time. For a younger child still taking three naps a day, a third nap can be incorporated into their late afternoon schedule.

7:30 - 8:30 drop-offs, welcome children, free play and/or structured-play, story-time, toys, etc.

8:30 - 9:00 breakfast, clean-up/wash-up...

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